



**In Pittsburgh
Nov. 16th!**

CARE *for the* JOURNEY

SUSTAINING THE HEART OF HEALTHCARE

For Healthcare Professionals

“Care for the Journey is a source of renewal, a healing balm for challenging times, and a clarion call to enfold the sacred in our offerings.”

- **Lee Raven**, RN, CIIG, Past President, Imagery International

“Doris & Michael’s care for our chaplains and staff was a model of the kind of care we hope to give to our patients, families and colleagues.”

- **Mark Grace**, Director of Pastoral Care for Baylor Health System

Developed to serve nurses, chaplains, physicians, social workers, therapists, and other healthcare practitioners, *Care for the Journey* is a music-enriched program for reconnecting with one’s inner call to healing, cultivating the art of presence, and remembering the meaning within one’s work.

An award-winning songwriter and inspirational educator, Michael has succeeded, together with his associates, in making available the inspiring wisdom of Christiane Northrup, MD; Jean Watson, PhD, RN; Ira Byock, MD; Rachel Naomi Remen, MD; Archbishop Desmond Tutu, and others— combining their words with profoundly moving music. *Graceful Passages: A Companion for Living and Dying* and *Care for the Journey: Sustaining the Heart of Health Care* have become classic audio resources used by and for health care givers. These inspiring perspectives invite practitioners to explore their inner resources and develop greater capacity to sustain their roles as healers.

With

Michael Stillwater

Founder / Director of Companion Arts

and

Doris Laesser Stillwater

Contemplative Psychotherapist and group facilitator

Friday

November 16, 2007

9am-noon 1pm-4pm

**Each session is unique,
providing perspectives, practices
and resources for self-care.**

Attend either or both sessions

Pre-Registration: \$15 / session

\$25/both am & pm

\$20 / session at the door

where:

Union Project Community Center

801 North Negley@Stanton

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that rent space at the Union Project. www.unionproject.org

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(724) 312-4800

More info: www.companionarts.org